

Heating Instructions for Lunch Entrees

All items can either be warmed in the microwave for 1-3 minutes or in the oven at 350 degrees until fully warmed to internal temperature of 165 degrees.

Bean & Cheese Burrito

From frozen state: Conventional oven - 350 degrees for 20 min or until an internal temperature reaches 165 degrees F. Times may vary. ***Contains: wheat, soy and milk***

Mini Cheeseburgers

For best results, heat from thawed state. Thaw frozen sandwiches in refrigerator. Sandwiches can be stored in refrigerator for 14 days. Microwave for 1 to 1 ½ minutes. Times may vary.

Contains: milk, soy, and wheat

Cheese & Pepperoni Pizza

Preheat oven to 325 degrees. Place pizza on baking sheet. Bake for 13-15 minutes from frozen state, bake 11-13 minutes from thawed state. Times and temperatures may.

Contains: milk, wheat, and soy

Corn Dog

Microwave from frozen state for 30 seconds, turn then 30 seconds more. Thawed 20 seconds on each side. Conventional oven – 350F – Frozen: 29 minutes; Thawed 16 minutes

Times may vary. ***Contains: wheat, soy, and egg***

Popcorn Chicken

Preheat oven to 350 degrees and cook for 15-20 minutes or until internal temperature reaches 165 degrees F. Times may vary.

Mozzarella Crunchers

Preheat oven to 350 degrees and cook for 15-20 minutes or until internal temperature reaches 165 degrees F. Times may vary.

For more detailed nutritional information, please visit our website.

https://www.cvesd.org/parents/nutritional_services/child_nutrition_services

