

Military Websites for School Districts

There are several resources to support military families in San Diego. Below is a list of the most frequently used by our military families. Please feel free to share this list or post it on your school websites.

1. **Navy School Liaison Officer Program** – Supporting and assisting with the unique lifestyle of the military, the School Liaison Officers, create a connection between school districts, military installations and military families. NBSD School Liaison Officer is Chanin Massaglia,
Contact Information - 619-556-9499, or 619-247-9082, chanin.massaglia@navy.mil
<http://navylifesw.com/sandiego/families/cyp/school liaison/>
2. **Fleet & Family Support Center** – Resources and information for active duty, retired and reserve members. Deployment, financial counseling, relocation, and exceptional family member support are just a few of the many services provided by FFSC.
Contact number is 866-923-6478. <http://navylifesw.com/sandiego/families/>
3. **Exceptional Family Member Program** – The Navy’s EFMP Program serves military families with special needs. This program is a mandatory enrollment program for sponsors with qualifying family members.
<http://navylifesw.com/sandiego/families/ffsc/family-programs/>
Contact Information – 619-556-7404 or Email: FFSCSDEFMP@navy.mil
4. **Military Child & Youth Programs** – A wide variety of programs for military children ages three to seventeen. Programs include: recreation facilities, field trips, teen programming, special events, and more. <http://navylifesw.com/sandiego/families/cyp/>
Contact Information – Refer to website for individual program contacts.
5. **Military One Source Military** - Life topics, confidential help, children, youth and teens, deployment and other topics and resources. <http://www.militaryonesource.mil/>
Contact Information – 800-342-9647
6. **Military One Source: ROC** - This Exceptional Family Member Program resource provides military families with special needs resources, options and consultations.
<https://www.militaryonesource.mil/leaders-service-providers/efmp-special-needs/2018-efmp-roc-toolkit>
7. **Military Child Education Coalition** - MCEC identifies unique challenges facing military connected children, increases awareness of these challenges in military and educational communities. <http://www.militarychild.org/>

8. **Tutor.com** – Free online tutoring available to military families 24/7.
<http://military.tutor.com/>
9. **Marine Corps Community Services, MCAS Miramar** – Various programs to support Marine Corps Families, such as recreation, family care, school liaison, shopping, dining -
<http://www.mccsmiramar.com/>
Contact Information – 858-577-1428
10. **Navy-Marine Corps Relief Society** – Financial assistance and counseling, quick assist loans, education assistance, emergency travel, disaster relief and more.
<http://www.nmcrcs.org/locations/entry/san-diego>
Contact Information – 619-767-6800, SanDiego@nmcrcs.org
11. **Veteran Affairs San Diego Healthcare System** - <https://www.sandiego.va.gov/>
Contact Information – 858-552-8585
12. **The FOCUS Project** – Provides resilience training to military children, families, and couples. <https://www.focusproject.org/>
Contact Information – 619-556-6075, sandiego@focusproject.org
13. **Courage to Call** – Courage to call is dedicated to improving mental wellness for Veterans, Active Duty, Reservist, National Guardsmen, and their families in San Diego County. <https://www.courage2call.org/>
Contact Information - Military members can call the 24/7 helpline at 877-698-7838 or dial 211 and select option 4.
14. **Operation BIGS** – Big Brothers Big Sisters of San Diego’s mission is to create and support one-to-one mentoring relationships that ignite the power and promise of youth.
<http://sdbigs.org/>
Contact Information – 858-536-4900
15. **San Diego Military Family Collaborative** Several resources, information and free events available to military families. <http://sdmilitaryfamily.org/>
Contact Information – 858-496-0044
16. **San Diego Armed Services YMCA** – The Armed Services YMCA San Diego serves the families of those who serve in our military, offering specialized counseling, educational, and social programs that help them cope, connect, and thrive.
<https://www.asymca.org/san-diego-home>
Contact Information – 858-751-5755
17. **United Through Reading Military Program** – United Through Reading was founded in 1989. United Through Reading connects military families who are separated for

deployment or military assignment by providing the bonding experience of shared story time. <https://unitedthroughreading.org/>
Contact Information – 858-481-7323

18. **Zero8hundred** Provides a one-stop shop resource hub. <https://www.zero8hundred.org/>
19. **Family Forces Counseling** – Family Forces has been providing outpatient counseling services for the military community in the San Diego region and surrounding areas for over a decade. <https://www.familyforces.org/>
Contact Information – 858-277-7907
20. **Operation Homefront** – Is a nonprofit organization with several programs dedicated to assisting military families for that past 15 years. Program support includes critical financial relief, housing support, and various programs throughout the year.
<https://www.operationhomefront.org/aboutus>
Contact Information – 858-242-4995
21. **Direct Step** – Self-paced and courses that explain legal requirements and best practices for behavior management, autism, IDEA eligibility, IEPs and more.
<http://navycyp.ds.lrp.com/login/index.php> Naval Base San Diego School Liaison Officer, Chanin Massaglia has access codes for all trainings, so all participants can take these courses for free. Contact Chanin at 619-556-9499, chanin.massaglia@navy.mil.