



CHULAVISTA ELEMENTARY SCHOOL DISTRICT
84 East "J" Street • Chula Vista, CA 91910 • Tel. 425-9600
Operations and Instruction Support Services

2012 Height & Weight Surveillance Project
Pre-school through 6th grade

Date:

Dear School Staff;

The focus of the Height & Weight Surveillance Project is to collect data that will help the District plan for more effective learning environments that encourage healthy eating and life-long physical activity habits.

Beginning in November 2012, the District will begin collecting height and weight data in all schools, grades pre-school through 6th. The data will be part of a surveillance project intended to get a "second look" at grade-level results based on age, gender, school, and district measures. All heights & weights will be measured in a confidential setting and remain confidential. Children's names will not be listed in any report or linked to the information collected. The data will be collected, analyzed and reported back to schools in the spring (school, grade, gender, etc).

Additionally, your student's who returned the "Opt Out" Notification Form ***will not*** be measured (We will have class lists with students' name crossed out). If for some reason you suspect a student who should/could be an "opt out" and they are not crossed out, please notify the Measurement Team (before the measurement is taken) so they can double check with the parent.

Your principal will notify school staff on the dates our Measurement Team will be at your school. He/She will have a class schedule with the time/location your class will need to schedule. The location where measurements will be taken will be made based on access and privacy concerns.

We ask that you be patient with our Measurement Team; due to new guidelines regarding substitutes, we have contracted with South Bay Community Services to provide us with workers for the project. We will make the interruption to your class time as minimal as possible. If you have any questions or concerns regarding the project objectives or Measurement Team, please contact Sharon Hillidge, CVESD Resource Teacher, 656-6702 or by district email. Thank you for your assistance.

Respectfully,
Sharon Hillidge, CVESD Resource Teacher

TEACHER _____

SCHEDULED DATE/TIME _____