

Allergy Information

Revised 3/21/23

| Breakfast Entrées | | Allergens* | Lunch Entrées | | Allergens* |
|-----------------------------------|------------|---------------------------|------------------------|--|------------|
| Monday Breakfast | | | Monday Lunch | | |
| Pan Dulce | E,W,S* | Pizza Cruncher | D,W | | |
| Egg Beef Chorizo Burrito | D,E,S,W | Taco Salad | none | | |
| Cereal, Cinnamon Toast Crunch | W,S | Yogurt, Cheese, & Granola | D | | |
| String Cheese (comes with cereal) | D | | | | |
| Tuesday Breakfast | | | Tuesday Lunch | | |
| Cinnamon Crumb Loaf | D,E,S*, W | Chicken, Popcorn | W,S | | |
| Bagel & Cream Cheese | D,W | Hamburger | W | | |
| Cereal, Cinnamon Chex | none | Pupusa Bean & Cheese | D | | |
| String Cheese (comes with cereal) | D | | | | |
| Wednesday Breakfast | | | Wednesday Lunch | | |
| French Toast Sticks | D,E,S, W | Pizza, Pepperoni | D,W,P | | |
| Egg & Cheese English Muffin | D,E,S,W | Buffalo Veggie Nuggets | W,S | | |
| Cereal, Fruit Loops | W | w/ Cheez Its | D,W,S | | |
| String Cheese (comes with cereal) | D | Quesadilla | D,W | | |
| Thursday Breakfast | | | Thursday Lunch | | |
| Blueberry Muffin | D,E,S*,W | Orange Chicken & Rice | E,S,W | | |
| Strawberry Banana Yogurt Smoothie | D | Corn Dog | D,E,S,W | | |
| w/ Granola | none | Vegan Burger | W | | |
| Cereal, Cheerios Multigrain | none | | | | |
| String Cheese (comes with cereal) | D | | | | |
| Friday Breakfast | | | Friday Lunch | | |
| Breakfast Bites | D, E, S, W | Pizza, Cheese | D,W | | |
| Maple Chicken Sandwich | D,E,S*,W | Chicken Tamale | none | | |
| Cereal, Frosted Flakes | W | Italian Sub Sandwich | D,W | | |
| String Cheese (comes with cereal) | D | | | | |

***ALLERGENS NOTED: D = Dairy, E= Eggs, F= Fish, S= Soy, S*=Soy Oil, W= Wheat, Pork=P**

*Please be advised that this is general information and not intended to be used as medical advise. The information is accurate to the best of our knowledge based on the information provided by the manufacturer. Products may change at any time.