

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>www.umr.com</u> or by calling 1-800-826-9781. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.umr.com</u> or call 1-800-826-9781 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$2,000 person / \$4,000 family	Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$5,000 person / \$10,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Penalties, <u>premiums</u> , <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.umr.com or call 1-800-826-9781 for a list of	

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019)(DOL - OMB control number: 1210-0147/Expiration date: 5/31/2022) (HHS - OMB control number: 0938-1146/Expiration date: 10/31/2022)



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common	Comitoes Vou Mou		What You Will Pay		Limitations Eventions 9
Common Medical Eve	Services You May nt Need	Tier 1 Network Provider (You will pay the least)	Tier 2 Network Provider	Tier 3 Out-of-network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	\$30 Copay per visit; Deductible Waived	20% Coinsurance	50% Coinsurance	None
If you visit a health care provider's	Specialist visit	\$50 Copay per visit; Deductible Waived	20% Coinsurance	50% Coinsurance	None
office or clin	Preventive care / screening / immunization	No charge; Deductible Waived	No charge; Deductible Waived	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	No charge for Office Setting & Independent Lab; 20% Coinsurance, Deductible Waived for all other hospital outpatient settings includes facility and physician.	No charge for Independent Lab; 20% Coinsurance for Office Setting; 20% Coinsurance, Deductible Waived for all other hospital outpatient settings includes facility and physician.	50% Coinsurance	None
	Imaging (CT/PET scans, MRIs)	20% Coinsurance	20% Coinsurance	50% Coinsurance	Preauthorization is required.

			What You Will Pay		
Common Medical Event	Services You May Need	Tier 1 Network Provider (You will pay the least)	Tier 2 Network Provider	Tier 3 Out-of-network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat	Generic drugs (Tier 1)	Not Applicable.	Not Applicable.	Not Applicable.	For information on whether this is a
your illness or condition. More info.	Preferred brand drugs (Tier 2)	Not Applicable.	Not Applicable.	Not Applicable.	covered service and your cost if you use an In-Network Provider or an Out- of-Network Provider, refer to the
about prescription drug coverage	Non-preferred brand drugs (Tier 3)	Not Applicable.	Not Applicable.	Not Applicable.	separate Summary of Benefits Coverage (SBC) document that describes the Prescription Drug plan.
is available at www.express-scripts.com .	Specialty drugs (Tier 4)	Not Applicable.	Not Applicable.	Not Applicable.	
If you have outpatient surgery A Carrum Health Surgery	Facility fee (e.g., ambulatory surgery center)	For non-CHSB procedures ambulatory surgery center 20% Coinsurance other factor eligible procedures obtained to charge; Deductible Was For eligible procedures not non-CHSB member cost stapplies.	; \$100 Copay per visit; cilities tained with CHSB: ived.	50% Coinsurance	Preauthorization is required for non-CHSB procedures. For detailed information on the CHSB, precertification process and list of eligible procedures, please see the SPD Supplemental Summary or call 1-888-855-7806 or visit carrum.me/CSVEBA .
Benefit (CHSB) is available.	Physician/surgeon fees	20% Coinsurance for non- No charge; Deductible Wa procedures obtained with 0 for eligible procedures not will apply.	ived, for eligible CHSB. 20% Coinsurance	50% Coinsurance	None

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Common Medical Event	Services You May Need	Tier 1 Network Provider (You will pay the least)	Tier 2 Network Provider	Tier 3 Out-of-network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need	Emergency room care	\$100 Copay per visit; Deductible Waived	\$100 Copay per visit; Deductible Waived	\$100 Copay per visit; Deductible Waived	Copay may be waived if admitted
immediate medical	Emergency medical transportation	20% Coinsurance	20% Coinsurance	20% Coinsurance	Preauthorization is required for Non-emergency.
attention	Urgent care	\$50 Copay per visit; Deductible Waived	\$50 Copay per visit; Deductible Waived	50% Coinsurance	None
If you have a hospital stay A Carrum Health Surgery Benefit (CHSB) is	Facility fee (e.g., hospital room)	20% Coinsurance for non- No charge; Deductible Wa procedures obtained with 0 20% Coinsurance for eligib obtained with CHSB will ap	ived, for eligible CHSB. ble procedures not	50% Coinsurance	Preauthorization is required for non-CHSB procedures. For detailed information on the CHSB, precertification process and list of eligible procedures, please see the SPD Supplemental Summary or call 1-888-855-7806 or visit carrum.me/CSVEBA.
àvailable	Physician/surgeon fee			50% Coinsurance	None
If you have mental health, behavioral health, or substance	Outpatient services	\$30 Copay per visit; Deductible Waived Office visit; 20% Coinsurance for Partial Hospitalization & Intensive Outpatient Treatment	\$30 Copay per visit; Deductible Waived Office visit; 20% Coinsurance for Partial Hospitalization & Intensive Outpatient Treatment	50% Coinsurance	Preauthorization is required for Partial Hospitalization & Intensive Outpatient Treatment.
abuse needs	Inpatient services	20% Coinsurance	20% Coinsurance	50% Coinsurance	Preauthorization is required.

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Common Medical Event	Services You May Need	Tier 1 Network Provider (You will pay the least)	Tier 2 Network Provider	Tier 3 Out-of-network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Office visits	No charge; Deductible Waived	No charge; Deductible Waived	50% Coinsurance	Cost sharing does not apply to certain preventive services.
If you are pregnant	Childbirth/delivery professional services	20% Coinsurance	20% Coinsurance	50% Coinsurance	Depending on the type of services, deductible, copayment or coinsurance may apply. Maternity
	Childbirth/delivery facility services	20% Coinsurance	20% Coinsurance	50% Coinsurance	care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Home health care	20% Coinsurance	20% Coinsurance	50% Coinsurance	Preauthorization is required.
	Rehabilitation services	\$30 Copay per visit; Deductible Waived	\$30 Copay per visit; Deductible Waived	50% Coinsurance	Preauthorization is required after 20 th visit. If your plan excludes Learning Disabilities, habilitation services for
If you need help recovering or	Habilitation services	\$30 Copay per visit; Deductible Waived	\$30 Copay per visit; Deductible Waived	50% Coinsurance	learning disabilities are not covered, please refer to your plan document.
have other special health	Skilled nursing care	20% Coinsurance	20% Coinsurance	50% Coinsurance	Preauthorization is required.
needs	Durable medical equipment	20% Coinsurance	20% Coinsurance	50% Coinsurance	Limited to a single purchase (including repair and replacement) every 3 years; Preauthorization is required for DME in excess of \$500 for rentals or \$1,500 for purchases.
	Hospice service	20% Coinsurance	20% Coinsurance	50% Coinsurance	None

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Common Medical Event	Services You May Need	Tier 1 Network Provider (You will pay the least)	Tier 2 Network Provider	Tier 3 Out-of-network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Children's eye exam	\$30 Copay per visit; Deductible Waived	\$30 Copay per visit; Deductible Waived	Not covered	1 Maximum exam every 2 years
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	Not covered	None

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Infertility treatment
- Long-term care
 - Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (only for pain &nausea related to surgery, pregnancy, or chemotherapy)
 - Chiropractic care
- Hearing aids

Routine eye care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact the VEBA Advocacy Team at 888-276-0250.

Does this plan Provide Minimum Essential Coverage?Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-826-9781.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-826-9781.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-826-9781.

Navajo (Dine): Dinek'ehqo shika at'ohwol ninisingo, kwiijigo holne' 1-800-826-9781.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby	
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(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,000
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$2,000	
Copayments	\$0	
Coinsurance	\$1,600	
What isn't covered		
Limits or exclusions	\$70	
The total Peg would pay is	\$3,670	

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$2,000
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600
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Cost Sharing

In this example, Joe would pay:

<u>Deductibles</u>	\$200
<u>Copayments</u>	\$200
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$4,300
The total Joe would pay is	\$4,700

Mia's Simple Fracture

(in-network emergency room visit and fo low up care)

■ The plan's overall deductible	\$2,000
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic tests (x-ray)

Durable medical equipment (crutches)

<u>Durable medical equipment</u> (*crutches*)
Rehabilitation services (*physical therapy*)

Total Example Cost

ı	Total Example Cool	\$2,000
	In this example, Mia would pay:	
	Cost Sharing	
	<u>Deductibles</u>	\$1,500
	<u>Copayments</u>	\$300
	Coinsurance	\$0
•	What isn't covered	
	Limits or exclusions	\$10
	The total Mia would pay is	\$1,810

The plan would be responsible for the other costs of these EXAMPLE covered services.

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the complete terms in the policy or plan document at express-scripts.com or by calling 1-800-918-8011.

Coverage Period: 01/01/2022 – 12/31/2022 Coverage for: Individual + Family | Plan Type: RXOnly

This is only a summary of the prescription drug benefits you will receive if you enroll in medical benefits offered by California Schools VEBA. This must be read in conjunction with the applicable medical summary of benefits and coverage document. If you want more detail about your coverage and costs, you can get

Important Questions	Answers	Why This Matters
What is the overall deductible?	\$0	See the chart starting on page 2 for your costs for services this plan covers.
Are there services covered before you meet your deductible?	Yes. Preventive care (if applicable) and prescription drug benefits are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For the RX portion of your plan: \$1,600 individual / \$3,200 family. See your medical SBC for other out-of-pocket limits.	The <u>out-of-pocket limit</u> is the most you could pay in a <u>plan</u> year for covered services. If you have other family members in this plan, they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges and prescription drug costs this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See express-scripts.com/ or call 1-800-918-8011 for a list of participating pharmacies.	If you use an in-network pharmacy, this <u>plan</u> will pay some or all of the cost of covered services. Plans use the terms in-network, preferred or participating for <u>providers</u> in their <u>network</u> . This <u>plan</u> uses Express Scripts Advantage Network (EAN) for short-term drugs (up to 30 day supply), Express Scripts Smart90 pharmacy or Express Scripts Home Delivery for maintenance drugs, and Express Scripts Accredo for specialty drugs. See the chart starting on page 2 for how this <u>plan</u> pays by different <u>providers</u> .
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Not Applicable	Not Applicable

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All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

		What You Will Pay:		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	Not Applicable	Not Applicable	For information on whether this is a covered service and your cost if you use an In-Network Provider or an Out-of-Network Provider, refer to the separate Summary of Benefits Coverage (SBC) document that describes the Medical plan.
	Specialist visit	Not Applicable	Not Applicable	
	Preventive care/screening/immunization	Not Applicable	Not Applicable	
If you have a	<u>Diagnostic test</u> (x-ray, blood work)	Not Applicable	Not Applicable	
test	Imaging (CT/PET scans, MRIs)	Not Applicable	Not Applicable	
	Generic drugs (Tier 1)	\$10/\$15 <u>copay</u> EAN/non- EAN retail 30 day supply; \$20 <u>copay</u> Smart90 or Home Delivery 90 day supply	You must pay out-of-pocket and submit a claim online or	For maintenance drugs, by the 4th fill members must be setup for 90 day supply with Smart90 or Home Delivery.
If you need drugs to treat	Preferred brand drugs (Tier 2)	\$30/\$35 <u>copay</u> EAN/non-EAN retail 30 day supply; \$60 <u>copay</u> Smart90 or Home Delivery 90 day supply	download the Prescription Drug Reimbursement form at express-scripts.com by selecting Forms from the main menu under the Benefits. The plan will reimburse you based on the allowed amount less any applicable member copay.	Note: If you continue to fill a maintenance medication at a pharmacy other than Smart90 retail or Express Scripts home delivery after the 3 rd refill, the copays will be twice what is shown for retail copays in the Network Provider column.
your illness or condition More information about prescription drug coverage See express-	Non-preferred brand drugs (Tier 3)	50% w/copay of \$40/\$45 min and \$175/\$180 max EAN/non-EAN retail 30 day supply; 50% w/copay of \$80 min and \$350 max Smart90 or Home Delivery 90 day supply		
scripts.com/	Specialty drugs (Tier 4)	\$0 <u>copay</u> SaveOnSP or applicable Tier 1, 2 or 3 copays for non- SaveOnSP	Not covered. Specialty drugs must be ordered through Express Scripts Accredo.	Specialty drugs that are covered but not part of SaveOnSP will have a Tier 1, 2 or 3 copay. Specialty drugs that are part of SaveOnSP will have a no copay if the member signs up with SaveOnSP before filling the script.

		What You	u Will Pay:	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	Not Applicable	Not Applicable	
surgery	Physician/surgeon fees	Not Applicable	Not Applicable	
If you need immediate	Emergency room care	Not Applicable	Not Applicable	
medical attention	Emergency medical transportation	Not Applicable	Not Applicable	
medical attention	<u>Urgent care</u>	Not Applicable	Not Applicable	
If you have a hospital	Facility Fee (e.g., hospital room)	Not Applicable	Not Applicable	
stay	Physician/surgeon fees	Not Applicable	Not Applicable	For information on whether this is a covered service and your cost if you use an In-Network Provider or an Out-of-Network Provider, refer
If you need mental health, behavioral health, or substance abuse	Outpatient services	Not Applicable	Not Applicable	
services	Inpatient services	Not Applicable	Not Applicable	to the separate Summary of
	Office visits Not Applicable	Not Applicable	Not Applicable	Benefits Coverage (SBC) document that describes the
If you are pregnant	Childbirth/delivery professional services	Not Applicable	Not Applicable	Medical plan.
	Childbirth/delivery facility services	Not Applicable	Not Applicable	
	Home health care	Not Applicable	Not Applicable	
If you need help recovering or have other special needs	Rehabilitation services	Not Applicable	Not Applicable	
	Habilitation services	Not Applicable	Not Applicable	
	Skilled nursing care	Not Applicable	Not Applicable	
	Durable medical equipment	Not Applicable	Not Applicable	
	Hospice services	Not Applicable	Not Applicable	
If your shild poods deatel	Children's eye exam	Not Applicable	Not Applicable	
If your child needs dental or eye care	Children's glasses	Not Applicable	Not Applicable	
	Children's dental checkups	Not Applicable	Not Applicable	

Excluded Services & Other Covered Services

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded prescription drugs.)

- Drugs dispensed by a hospital during an inpatient confinement
- Most drugs that are covered as a medical benefit

• Over the counter (OTC) drugs

- Experimental drugs
- Prescription drugs with an OTC equivalent

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

For information on other covered medical services and any limitations on medical coverage, refer to the separate Summary of Benefits Coverage (SBC) document that describes the medical plan.

Your Rights to Continue Coverage: If you want to continue your coverage after it ends, contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact the VEBA Advocacy Team at 888-276-0250.

Does this plan provide Minimum Essential Coverage? Yes

This prescription drug plan combined with the related medical plan of benefits (as described in a related SBC), does provide Minimum Essential Coverage similar to health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

This prescription drug plan combined with the related medical plan of benefits (as described in a related SBC), does meet the Minimum Value Standards, as a result, you may not be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al [insert telephone number].]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa [insert telephone number].]

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码[insert telephone number].]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' [insert telephone number].]

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